

Vital signs 1

Sim 3 - Scenario 2

Vital Signs

Provided to the patient prior to the scenario beginning

(Only handed to the nursing student or RN once a vital sign assessment has been performed)

- Blood pressure 165/95 mmHg
- Pulse 102 BPM
- Respiratory rate 28/min
- Temperature 36.9°C
- Blood oxygen saturation level (SpO₂) 94%

Vital signs REPEAT

Sim 3 - Scenario 2

Vital Signs

Provided to the patient prior to the scenario beginning

(Only handed to the nursing student or RN when the vital sign assessment has been repeated)

- Blood pressure 165/95 mmHg
- Pulse 109 BPM
- Respiratory rate 32/min
- Temperature 37.6°C
- Blood oxygen saturation level (SpO₂) 93%

Audience

Sim 3 – Scenario 2

Brief

You are required to observe the simulation and take notes as required. During the intermission and debrief you will be expected to provide feedback on specific aspects of the unfolding scenario.

The focus of your feedback is on the Cue Card provided and related to the NQSHS Standards. Feedback should be constructive, supportive and focused on enhancing safe nursing practice.

Nursing Student

Sim 3 – Scenario 2

Brief Your role will be to play that of a nursing student. This role will be played out by any number of learners, depending on the Tagging frequency.

Each time a TAG occurs, the learner stepping into the role of the nursing student assumes the role of the nursing student from that point in time. It is intended that all previous communications, actions and responsibilities of the nursing student are known to the new learner.

The concept behind Tagging in and out is that one role is played by many people, lending different voices, thoughts and actions to one character. Your role is to provide care to Sam in response to his needs under the direction of your preceptor.

Protagonist (Patient)

Sim 3 – Scenario 2

Brief Please note the importance of remaining in character and only contribute to the scenario as per this brief. Do not add content as this will detract from the scenario.

Name Sam Webb

Date of Birth 01 January 1960

Situation You are sitting in the chair next to your bed, waiting for breakfast to be delivered. You are sitting with your hands on your knees, leaning forward. You are finding it difficult to breathe, and you can only speak one word at a time. You are feeling anxious and your breathing is laboured.

Background You are a 57 year old patient who was been admitted to hospital yesterday for IV antibiotics to manage a recently diagnosed chest infection. The only medical history you have is chronic asthma. The only regular medication you take is for this condition.

Assessment When asked how you are feeling, you speak one word at a time tell the nurse that you feel like you can't breathe. When the nurse performs your vital signs, you hand her the vital signs sheet for labelled Vital Signs 1. If the vital signs are REPEATED when the student nurse returns with the RN, hand them the vital signs sheet for Vital Signs 'REPEAT'.

Asthma Action Plan Only discuss this with the student nurse/RN, if you are asked about how you normally manage an exacerbation of asthma. If asked, you explain your Asthma Action Plan to the nurse; You tell the nurse that if you were experiencing an exacerbation of asthma, you would normally take four puffs of your reliever (salbutamol), or two puffs of your preventer (Budesonide) if you were unable to locate your reliever. You would repeat this in four minutes if your symptoms had not been relieved. You tell the nurse that it helps if you sit up and lean over.

(Only handed to the nursing student or RN if you are asked how you normally manage your asthma)

Registered Nurse (Preceptor)

Sim 3 – Scenario 2

Brief Your role is to provide support to the nursing student who is allocated to care for this patient in the context of recognition and response to acute deterioration and partnering with consumers.

Further clarification may be provided by the director according to your level of experience. You will be further directed in your role through the provision of antagonist cards given to you by the director during the course of the play. You are to action the instructions on the antagonist card immediately if you are given one.

After handover, and as the scene opens

1. You send the nursing student off on her own to make sure the patient 'Sam Webb' is awake and ready for breakfast. You say that whilst you have other patients to look after, the student can come and get you if need be.
2. If the nursing student reports back to you with concern about Sam's condition, you ask the student to use ISBAR to relay their concern to you, and then you go back together to either do a first set of obs, or a repeat set of obs.