



**Queensland Government**

## In-patient Falls Assessment and Management Plan

(Affix identification label here)

URN: 45678

Family name: Richards

Given name(s): Jo

Address:

Date of birth: 01 JAN 1970

Sex:  M  F  I

# Adult

Facility: CUUni Hospital

- Complete assessment within eight (8) hours of admission
- Reassess at a minimum of weekly, when there is a change in condition, medication, after a fall and on discharge
- Care plans never replace clinical judgement. Care outlined must be altered if it is not clinically appropriate for the individual patient
- Every person documenting on the form must supply a sample of their initials in the signature log (page2)

### Falls Risk Assessment

Identify risk factors Tick (✓) Yes or No (if Yes to any, patient is 'at risk' of a fall)			If YES to any	Initiate actions Tick when actioned (if indicated)			
Risk Factors	Date	Time	Initial	Actions	Date	Time	Initial
<b>Screen:</b> The patient has had a fall in the last 6 months	24/11/17	11:00hrs	ML	<ul style="list-style-type: none"> <li>• Refer patient to physiotherapist for gait and balance assessment</li> </ul>			
The patient is observed to be unsteady							
The patient requires supervision or assistance with transfer				<ul style="list-style-type: none"> <li>• Conduct pre-activity screening prior to off bed transfer</li> </ul>			
The patient is visually impaired							
The patient has new onset incontinence				<ul style="list-style-type: none"> <li>• Ensure glasses / visual aid is within reach</li> <li>• Consider referral (e.g. ophthalmologist, optometrist)</li> </ul>			
The patient has existing incontinence, frequency or requires assisted toileting							
The patient reports postural symptoms				<ul style="list-style-type: none"> <li>• Initiate ward urinalysis</li> <li>• Notify MO and facilitate tests as ordered (e.g. MSU)</li> </ul>			
The patient has a recent history of syncope							
The patient is on one of the following medications: (antihypertensive, antidepressant, sedative, antipsychotic, benzodiazepine)				<ul style="list-style-type: none"> <li>• Initiate toileting routine</li> <li>• Consider use of continence aids</li> <li>• Refer for continence assessment (as appropriate)</li> </ul>			
The patient is on more than 4 medications							
The patient has a minimal trauma fracture and / or history of osteoporosis				<ul style="list-style-type: none"> <li>• Measure lying and standing BP</li> </ul>			
The patient has new onset or increased confusion / delirium							
The patient is usually confused				<ul style="list-style-type: none"> <li>• Notify MO and facilitate tests as ordered (e.g. MSU, folate, CT, E/LFT, FBE, TFT)</li> <li>• Conduct / refer for cognitive assessment (if appropriate)</li> </ul>			
				<ul style="list-style-type: none"> <li>• Refer to MO / Pharmacist for medication review / simplification</li> </ul>			
				<ul style="list-style-type: none"> <li>• Facilitate tests ordered by MO (e.g. TFT, calcium, vitamin D assay, PTH, sEPP)</li> <li>• Refer to Dietitian (as appropriate)</li> </ul>			
				<ul style="list-style-type: none"> <li>• Conduct or refer for cognitive assessment (if appropriate)</li> </ul>			

Following assessment, proceed to management plan (page 2)


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v4.00 - 03/2017



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IN-PATIENT FALLS ASSESSMENT AND MANAGEMENT PLAN

 <p><b>Queensland Government</b></p> <p style="text-align: center;"><b>In-patient Falls Assessment and Management Plan</b></p>	<p style="text-align: right;">(Affix identification label here)</p> <p>URN: 45678</p> <p>Family name: Richards</p> <p>Given name(s): JO</p> <p>Address:</p> <p>Date of birth: 01 JAN 1970 Sex: <input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> I</p>
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- Complete within eight (8) hours of admission
- Review management plan at a minimum daily and document as per local policy
- Initial when strategies are implemented
- V indicates a variance from clinical care and must be documented in the clinical notes

### Falls Prevention Management Plan

All care givers who initial are to sign signature log ⚡ Key ◆ Allied Health ■ Medical ▲ Nursing ⊕ Pharmacy

Category	⚡	Date			
			Time		
<b>Communication</b>	▲	In partnership with patient and / or carer discuss falls risk factors and develop falls prevention plan			
	◆	Provide written falls prevention information (e.g. <i>Stay On Your Feet</i> ® BE SAFE brochure)			
	■	Communicate patients 'at risk' status at bedside handover			
	▲	Instruct patient to call for assistance when getting out of bed / mobilising (if required)			
	⊕	Falls risk patients on anti-coagulant / antiplatelet medication, request MO / Pharmacy medication review			
<b>Environment / Equipment</b>	▲	Orientate patient to surroundings, routine and location of bathroom and toilet			
		Ensure clutter free and safe environment (e.g. night time lighting)			
		Ensure the bed height and position are suitable for the patient's needs			
		Apply bed brakes correctly			
		Ensure bed rails are at appropriate height for patient's needs			
		Keep buzzer in reach; educate patient on buzzer usage			
		Keep patient's routine belongings within reach			
<b>Observations</b>	▲	Ensure frequent rounding and surveillance			
		Consider supervision during toileting / showering / mobilisation			
		Ensure suitable toileting protocols are in place			
<b>Other Care (specify)</b>	▲				
	◆				
	■				
	⊕				
<b>Discharge Planning / Education</b>	▲	Provide information on falls risk factors and prevention strategies (e.g. <i>Stay On Your Feet</i> ® Checklist)			
	◆	Refer to OT for ADL and home assessment			
		Complete nursing discharge summary and facilitate referrals			

DO NOT WRITE IN THIS BINDING MARGIN

### Signature Log

Initial	Print name	Designation	Signature		Initial	Print name	Designation	Signature
ML	Monica Linnane	MO	<i>ML</i>					