

PICO Worksheet and Search Strategy

1. What are you trying to find information about? (Summarise the scenario / case study question)

2. Define your question using **PICO**: Population, Intervention, Comparison, and Outcome.

P	
I	
C	
O	

3. Write out your question:

4. List the main words/phrases from your question that you can use to search. Try to think of some alternatives.

Terms from my question	Alternative words I can use for searching

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5. Check any limit that may pertain to your search:

- Age
- Database subject headings / MeSH
- Year of publication
- Geographical location
- Language

6. Type of study/publication you want to include in your search: (From Step 2 of tutorial)

- Systematic Review or Meta-Analysis
- Clinical Practice Guidelines
- Critically Appraised Research Studies
- Individual Research Studies
- Electronic Textbooks

7. Check the databases you searched:

- CINAHL Complete
- Cochrane Library
- PubMed
- Joanna Briggs

8. What information did you find to help answer your question?
