

LICENCES AND CERTIFICATES

RESPIRATOR MASK FIT TESTING

Respirator mask fit testing is required for students in health and allied health professions in accordance with legislation including work health and safety acts and regulations, Australian, New Zealand and international standards, and the Australian Guidelines for the Prevention and Control of Infection in Healthcare.

Fit testing is a validated method to determine whether a specific make, model and size of respirator achieves an adequate seal on an individual's face. You will be required to undertake a quantitative fit test annually to meet Personal Protective Equipment (PPE) requirements for sites where you will attend placement.

A quantitative fit test gives objective numerical results using specialised particle counting equipment (such as a PortaCount™ Plus machine). It measures how much air leaks into the wearer's breathing zone. It does not rely on the subject's response to a test agent.

REQUIREMENT

You are required to provide evidence of a quantitative fit test result of 100 or higher (passed) for two (2)* respirator masks from the approved list provided.

The approved form of evidence (what to submit in Sonia) is to be submitted before the closing date that is designated for the WIL placement unit. It is mandatory for students to maintain current evidence for the duration of their course.

VALID: 1 year

INSTRUCTIONS AND LINKS

Information about the cost:

The average cost is \$95 depending upon the provider.

CQU campus fit testing: (Queensland only)

Respiratory Mask Fit Testing is available on **Brisbane, Bundaberg, Cairns, Mackay, Rockhampton and Townsville** campuses:

[BOOK AND PAY ONLINE HERE](#)

Other fit testing providers, Queensland and other states and territories:

[Respiratory Mask Fit Providers](#)

If you are having difficulty sourcing a provider, please contact the [WIL team](#).



BE WHAT YOU WANT TO BE

cqu.edu.au

HEALTH AUTHORITY APPROVED MASK LIST

For Paramedic Science – Please see the second table below

P2/N95 MASK	SIZE	QLD	NSW	ACT	VIC	WA	SA	TAS	NT
Trident RTCFFP2	Universal	✓	✓	✓	✓	✓	×	×	·
3M 1870+ Aura	Universal	✓	✓	×	✓	✓	✓	✓	·
3M 1860	Reg/Sml	✓	×	✓	✓	×	×	×	·
Molnlycke Barrier	Universal	✓	×	×	×	×	×	×	·
Softmed 95		✓	×	×	×	✓	×	×	·
Westlab BYD DE2322		×	✓	✓	✓	×	×	×	·
Platinum Health HelpIT		×	✓	×	×	✓	×	×	·
Cocoon Flatfold		×	×	×	×	×	✓	×	·
Cocoon Duckbill		×	×	×	×	×	✓	×	·
Detmold Masks	All sizes	×	×	×	×	×	✓	×	·
Sunstrom		×	×	×	×	✓	×	×	·

Northern Territory: Contact the WIL team

Paramedic Science Only

Queensland Ambulance Service	
Halyard Duckbill	Small/Reg
Trident RTCFFP2	Universal
3M 1870+ Aura	Universal
3M 1860	Regular
South Australian Ambulance Service	
3M 8210	Universal
3M 1860	Regular
Detmold Masks	
Ambulance Victoria	
Students attending Ambulance Victoria Placements must follow the instructions in the Ambulance Victoria Respiratory Protection Program University Students' Guide . Please see the what to Submit Section for Evidence Requirements.	

Please note: It is mandatory for Paramedic Science Students to provide evidence of a fit test pass result for two (2) respirator masks.



BE WHAT YOU WANT TO BE

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WHAT TO SUBMIT TO SONIA

You are required to provide evidence of a quantitative fit test result of 100 or higher (passed) for two (2)* respirator masks from the approved list provided.

If you only pass a fit test for one mask, despite multiple masks attempted, this will be accepted as the minimum for placement. **For Paramedic Science two (2) respirator masks are mandated by industry as the minimum for placement.*

Ambulance Victoria – Submit evidence of Ambulance Victoria Letter advising of record of Fit Test

All Courses (Except Ambulance Victoria Placements)

Evidence can be either the fit test certificate or card, and must identify:

1. The fit testing provider
2. Display your name
3. Display your student number (where possible)
4. Date of testing
5. Quantitative fit test result (100 or higher)
6. The mask(s) including the size successfully fitted.
7. Your evidence must be current and not expired.

WHAT YOU SHOULD KNOW

Students with facial hair must be clean shaven on the day of fit testing, otherwise testing will be refused. Smoking or eating should not occur 30 minutes prior to fit testing.

If you have been fit tested by your employer in the last 12 months and your respirator mask appears on the approved list provided, this evidence can be submitted to Sonia.

If you fail to pass all masks available from your fit testing provider, please contact the WIL team for further advice.

PERFORMING YOUR MASK FIT CHECK ON PLACEMENT

Mask fit testing determines the size and type of mask for your face shape. **Fit checking** must then be performed each time a respirator mask is used, regardless of when the previous fit test has been performed. No clinical activity should be undertaken until a satisfactory fit check has been achieved. Fit checks ensure that the respirator mask is sealed over the bridge of the nose and mouth and that there are no gaps between the respirator and the face.

A step-by-step guide for performing a fit check is [available here](#).

RELATED WIL ARTICLES

Find out more about MANDATORY CHECK CLOSING DATES and SONIA in the related MyCQU articles.



CONTACT THE WIL TEAM

(07) 4930 9124

Respiratory Mask Fit Test Enquiries

CQU-MaskFit@cqu.edu.au

CQUniversity On Campus Fit Test Bookings, payments and appointment changes – [CQUniversity Mask Fit](#)

Mandatory Checks:

WILCompliance@cqu.edu.au All schools

Placements:

WIL-NMSS@cqu.edu.au	School of Nursing, Midwifery and Social Sciences
WIL-HMAS@cqu.edu.au	School of Health, Medical and Applied Sciences
WIL-EduArts@cqu.edu.au	School of Education and the Arts
WIL-SBL@cqu.edu.au	School of Business and Law

Complaints: and Feedback:

Information is [available here](#) in relation to complaints and feedback.

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